



**Wishing you all a Joyful Christmas  
and a  
Prosperous and Peaceful New Year  
from all at Soul Purpose**

There is no ideal Christmas; only the one Christmas you decide to make as a reflection of your values, desires, affections, traditions.

*Bill McKibben, Author, Hundred Dollar Holiday: The Case For a More Joyful Christmas*

Christmas is not a time nor a season, but a state of mind. To cherish peace and goodwill, to be plenteous in mercy, is to have the real spirit of Christmas.

*Calvin Coolidge*

What is Christmas? It is tenderness for the past, courage for the present, hope for the future. It is a fervent wish that every cup may overflow with blessings rich and eternal, and that every path may lead to peace.

*Agnes M. Pharo*

2004

Issue 4

December

**An opportunity to relax and re-connect**  
**Retreat Weekend**  
28th – 30th January  
The Friars, Aylesford.

Coming at the end of a month that often starts full of promises to ourselves this weekend is a chance to reflect and recharge after the busy festive season and have some fun.

We will meet on the Friday evening after supper to discuss what everyone would like to do during the weekend and make some plans. You are not obliged to take part in any of the group activities.

- a quiet weekend
- time to yourself
- time not to be alone
- opportunities to join in

If this appeals to you then book your place now. Friends and family welcome, this is not exclusive to those who have taken Turning Point.

**Cost £100**

**this includes accommodation and all meals.**

For further details and to book your place call Margaret Jarrett on 020 8301 5601 or e-mail Margaret@SoulPurpose.org.uk

**Turning Point 221**

11th - 13th and 18th - 20th February  
4th and 5th March follow-up sessions  
Venue to be confirmed  
Cost £395

£50 early booking discount when payment is received by 11th January

Our next Turning Point is Administrated by Lesley Kempster with Alex Frangeskou as Logistics Coordinator.

If you would like to be on the Service Team or have someone in mind interested in doing the course, please contact the office.

This course will be at a new venue, as yet to be confirmed. Watch our website for further details or call the office.

**Point of Choice**

**The second course in the Soul Purpose Trilogy**

Point of Choice launches itself from the foundations of Turning Point.

15th – 17th and 22nd - 24th July  
Venue to be confirmed  
Cost £425

£50 early booking discount when payment received by 15th June.

“The measure of how we are growing in our lives is not how hard we are working on our self, but rather it is the extent to which we are getting what we want in our lives.”

**Seminars 2005**

Our programme of evening seminars for 2005 will include speakers on subjects we thought may interest you. If there are any subjects you'd like to see included in the future or you would like to present one yourself then let us know.

**“Authentic Spirituality challenges our very reality and is truly full of life.”**

Graham Browne

Wednesday 26th January - 7.30pm  
Chiswick Pier Trust, The Pier House,  
Corney Reach Way, London, W4 2UG  
Cost £5

**“The Mirror of Existence - fulfilling your destiny”**

Lilian Verner Bonds

Wednesday 20th April - 7.30pm  
Central London venue to be confirmed  
Cost £5

**Point of Mastery**  
**The final course**  
**in the Soul Purpose Trilogy**



11th and 20th – 23rd October  
1st, 8th and 15th November

Cost to be confirmed

Provisionally booked for The Leela Centre,  
Thorngrove House, Gillingham, Dorset

The beauty of Point of Mastery is an overwhelming sense of relief in putting all the pieces of the jigsaw together.

This course offers a series of spiritual practices and skills to create our life the way we have envisioned it at a soul level and at an everyday, practical level.

By skilfully cutting our attachments at the most abstract level of our life experience, we “move mountains”.

**This is the nature of miracles!**

Do you want to take this next step?

Then register your intention to do the course by calling or e-mailing the office. You will then receive further information about Point of Mastery as well as final cost and venue confirmation.

## **The Mysteries of Life and Death October 2004**

Mysteries was an intimate course this time around with eight unique souls embarking on a journey of discovery together.

As Course Administrator I was privileged to share some profound moments with course participants and service team members alike during the weekend.

Many thanks to Graham for his teaching and to all those involved in making this course unique.

Sally Frost

*“For me the timing for this course was fantastic. I felt it gave me the safety and support I needed at this part of my life journey.”*

Julia Dunning

*“It has validated my belief in a global family and purpose, so that now I feel I can know it is true and not just imagined.”*

Eowyn Castle

## **Turning Point 220 November**

Administrator - Freda Lacey

All reports and feedback so far about Turning Point 220 have been really positive describing a unique transformational experience.

It is always difficult to convey to people interested in doing the course just what the benefits are. For each person the journey is different. However the vibrant guest session on Saturday 11th December gave Course Participants the chance to speak of their experiences and in some measure communicate their experience of Turning Point to friends and family.

This was a course of 18 participants, larger than we have had for a while, fantastically supported by a wonderful Service Team. Mark's teaching was powerful, inspired, and intuitive as ever.

Congratulations to all involved.

## **The Yoga Show 13th & 14th November Olympia, London**

What a fantastic opportunity came our way when Dr. Tim Ridge was approached to be on site during the first ever Yoga show and was offered a free stand at the exhibition as payment.

This promised to be a fantastic opportunity to promote Soul Purpose and particularly Turning Point to a larger audience. Armed with hundreds of leaflets and new promotional posters we took up residence for two days on stand 22a.

We weren't sure what to expect or whether we would "fit" among stands selling Yoga mats, clothing etc. Supported valiantly by a host of volunteers we had a fantastic time and were well received. The show was packed out and there was a great range of exhibitors including Stephen Lewis, healer, who had done Turning Point 20 years ago and attributes the course as an awakening moment in his life.

Graham Wason and Priscilla Hother, both TP graduates, of "All Being Well" provided us with a fantastic "Life Check" to use. This was a simple pen and paper exercise giving visitors to the stand a snapshot of where their lives may be out of balance. We had people queuing for free life-checks, although I suspect some of them wanted to find a seat in the packed exhibition hall.

Both Graham and Priscilla worked tirelessly and skilfully on both days with many people, pointing them in the direction of Turning Point as appropriate.

All in all a great success and what's more we have a place booked at The Mind, Body, Soul Exhibition next September at Olympia. Graham Browne will be speaking in the auditorium during the weekend.

Many thanks to all those people involved in making our first venture of this kind so successful. We look forward to reaping the benefits of the publicity with many more people joining our courses in the near future.



## Course Venues

It may not have escaped your notice that the Warwick Day Centre, Chase Farm Hospital does not appear as a venue for any of our 2005 courses. The centre has been home for sometime and has served us well although it could always be improved upon. We have only recently been informed that early next year the hospital have to change the use of the building and so it will not be available for hiring or storage.

This presents us with an opportunity to source other venues that are suitable for our courses and somewhere to store the equipment. As you can appreciate, this is quite urgent and we are working hard to resolve this.

Of course what we really desire is our very own home and this is something that we are working on.

Can you help? Do you know of any suitable venues? Can you lend your vision and intention for a permanent centre for our courses? What kind of place would you like to see as home for Soul Purpose?

Please contact us sharing any and all your ideas.



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Visit us on the web at [www.SoulPurpose.org.uk](http://www.SoulPurpose.org.uk)

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If you would like to contribute articles for forthcoming newsletters  
please forward them to the above address  
or e-mail us at [newsletter@SoulPurpose.org.uk](mailto:newsletter@SoulPurpose.org.uk)

# Dates For Your Diary 2005

## ***Evening Seminar***

Wednesday 26th January - 7.30pm  
“*Authentic Spirituality challenges our very reality and is truly full of life*”

Graham Browne  
Chiswick Pier Trust, The Pier House,  
Corney Reach Way, London, W4 2UG  
Cost £5

## ***Retreat Weekend***

28th to 30th January  
The Friars, Aylesford, ME20 7BX  
Cost £100

## ***Turning Point 221***

11th to 13th, 18th to 20th February  
4th and 5th March follow-up sessions  
*Venue to be confirmed*  
Cost £395

## ***Nature of Service***

16th and 17th April  
*Venue to be confirmed*  
Cost £150

## ***Evening Seminar***

Wednesday 20th April - 7.30pm  
“*The Mirror of Existence –  
fulfilling your destiny*”  
Lilian Verner Bonds  
Leading intuitive colour therapist  
*Venue to be confirmed*  
Cost £5

## ***Family Picnic***

4th June  
Trent Park, Cockfosters

## ***Turning Point 222***

17th to 19th and 24th to 26th June  
8th and 9th July follow-up sessions  
*Venue to be confirmed*  
Cost £395

## ***Point of Choice***

15th to 17th and 22nd to 24th July  
Cost £425  
*Venue to be confirmed*

## ***Evening Seminar***

Tuesday 2nd August - 7.30pm  
Chiswick Pier Trust, The Pier House,  
Corney Reach Way, London, W4 2UG

## ***The Mind, Body, Soul Exhibition***

10th and 11th September  
Olympia 2  
London

## ***Turning Point 223***

9th to 11th and 16th to 18th September  
30th September and 1st October  
follow-up sessions  
*Venue to be confirmed*  
Cost £395

## ***Point of Mastery***

11th October 20th to 23rd October  
1st, 8th and 15th November  
provisionally booked for The Leela Centre,  
Thorn Grove House, Gillingham, Dorset.

## ***Turning Point 224***

11th to 13th and 18th to 20th November  
2nd and 3rd December follow-up sessions  
Cost £395  
*Venue to be confirmed*

Turning Point Introductory Talks take place on the First Wednesday of each month at Enfield Civic Centre, Silver Street, Enfield, EN1 3ES starting at 7.30pm  
All members of the Turning Point community are welcome.

Discounts available for early payment on all courses received one calendar month or more before start date.  
Secure your place with a booking form and deposit.