



We Did It!

The Directors celebrate the launch of the Company in the traditional way

Read all about it on page 2

Seminar Evenings - Sally Frost

Following the successful seminar evenings in September and October last year at the Amadeus Centre, we have planned two more for early 2004. These evenings were well attended, some people travelling long distances to hear Graham speak and enjoy time to socialise.

Come and join us for what promise to be interesting and stimulating presentations by Graham Browne. There will be light refreshments available, and the opportunity to re-connect with old friends or meet new ones.

Tuesday 27th January - 7.30pm

"I'll See It When I Believe It"

The Amadeus Centre, 50 Shirland Road, London W9 2JA

Thursday 29th April - 7.30pm

"To Be Or Not To Be, That Is The Question"

Chiswick Pier Trust, The Pier House, Corney Reach Way, London W4 2UG

See you there

Website News

After some initial teething problems, the first phase of the Soul Purpose website is now fully operational. The site contains information about all of our courses and activities, along with booking forms etc. There's information about the Company, the Directors and the philosophy behind our teaching. You can also download copies of all of our newsletters.

The Community section offers the opportunity for us all to share beautiful images and inspirational sayings. Tell us about your favourite book or piece of music and we'll add it to the list. Visit the Support Networks section regularly to find out about our exciting plans for support groups and social activities. If there isn't a group near you, why not talk to us about starting one. We can provide you with everything you need to give it a try.

Happy surfing!

2004

Issue 1

January

Soul Purpose Launch - Freda Lacey

Soul Purpose launched with great enthusiasm on November 15th in the Amadeus Centre, London. We were delighted to welcome so many old and new friends and family. Their attendance helped support the initiation of the new company on its official birthday.

The programme was varied and interesting. Graham spoke about the history of the organisation and we were privileged to have Lilian Verner-Bonds discuss her experience of Turning Point many years ago. She remains a great friend of the organisation. Sally Frost, in her capacity as Managing Director outlined the future of the company, where we see ourselves in the next few years.

The Directors would like to officially thank all those who came to support us on the day, the service team who did an outstanding job of facilitating the launch, for the good wishes of the guests and for your continued engagement with the goals of the company. Our main aim is to market and produce the Turning Point course and all of our other courses in self-awareness, making them available to everyone.

It feels great to have officially and publicly stated who we are and what we stand for. For more information about the launch, please visit our website at www.SoulPurpose.org.uk

Turning Point 217 - Peter Lorenzo

From the moment the date was conceived everyone seemed to be at One with the intention that the very first Turning Point under Soul Purpose would be special; the Board of Directors, the teachers, the Course Administrator, the Service Team and the Course Participants.

For me, it was amazing not only how quickly the course achieved a sense of unity but also the depth of the feeling of unity. For that to occur people needed to feel safe. The Service Team ensured that the space used became alive with vitality, warmth, humour and love. My thanks and my heart goes out to them for being a perfect team. My thanks and heart also goes out to the Course Participants. Without them there is no course. With them it has the potential to be miraculous and it was.

I have left the short, loud Australian to the very end. Graham, I have never seen you so perfectly balanced on the knife-edge or allowed yourself to be so vulnerable. It was a privilege to be the Course Administrator for TP 217 and it is a privilege to work with Soul Purpose.

Nature of Service... on being oneself - Deborah Purton

Nature of Service is very different from Turning Point and Point of Choice. It is much more to do with the transpersonal connection between people, and the importance of simply being there for others. Although we learned about how a Service Team functions, it was almost as if that was peripheral to the idea of simply being there and of just being ourselves, and how that is always enough.

My own experience of the course was profound. I still don't know quite how it happened but I found myself regressing to a very dark and frightening place inside myself, to a time of great sorrow when I was just a few months old. This has stayed with me since and has affected the way I see others and myself. I felt totally supported by everyone in the room, and experienced how essential it was for Service Team to create a safe place in order for me to be able to both look deeply inside myself and to reach out to others. It really brought home to me the importance of finding the courage to look at my deepest fears to be able to move through them.

My sincere thanks go to Mark Reeves for his wisdom in leading me through this, and to Margaret Jarrett who took all my attempts to dump my stuff on her with true patience and understanding!

We also learned about zenning the room to create the perfect space to work and to be. After the course I went home and zenned my kitchen... I don't do housework any more; I just think of it as zenning my home! It makes it a lot easier...

Turning Point 218

The next Turning Point course starts on Friday 20th February in Enfield. If you know anybody who is interested in doing the course, why not bring them to the Seminar on Tuesday 27th January or the regular Introductory Evening on Wednesday 4th February. Word of mouth is a powerful element in our marketing of the courses, so please help us to spread the word about Turning Point.

The Nature of Service - Mark Reeves

“When you serve you give yourself, and when you give yourself the separation and the pain is over.” Patch Adams MD

At the heart of our courses and teaching is the experience of ‘Service’. This is about a deepening of your own personal journey by recognising the unique gifts and qualities that make up who you are and being able to share this with others. Service is about learning to be ourselves and therefore providing the safety for others to open up and to be who they are.

The Nature of Service course provides a framework to explore all the feelings that arise in working together with others as part of a team. It is like a mini Turning Point where you get to be the Service Team as well as a course participant. It can be deep and profound and a lot of fun. Contact the office now to book your place on the April course.

Point of Choice

This year’s Point of Choice course takes place in June. Point of Choice is the second part of the trilogy and provides a deeper understanding of the concepts of the Turning Point. If you would like to find out more about this course, please contact the office.

Family Picnic

Our third annual Family Picnic takes place on Saturday 3rd July. The location will again be Trent Park, a short walk from Cockfosters Tube Station. Full details of the picnic will be included in the next newsletter, but make a note in your diary now to keep the date free.

Weekend Retreat - 30th July - 1st August - Margaret Jarrett

We are organising our first social weekend at The Friars, Aylesford, Kent, an ancient religious house of the Order of Carmelites dating back to the 13th Century. The Board of Directors have stayed here before and had a productive and enjoyable weekend. This is not a course, nor will we be arranging any sessions. However we envisage a kind of “pot luck” entertainment organised by those who attend. Maybe you’d like to lead a meditation, give a demonstration of a therapy, start a discussion group or share a particular piece of music. Maybe not. There are no rules.

We will arrive for supper at 7pm on the Friday evening and leave on Sunday around 5ish. The cost of the weekend is £85, which includes bed, all meals, unlimited tea and coffee, cakes with afternoon tea and use of the conference centre. For more details of the venue go to www.thefriars.org.uk

Places are strictly limited and must be booked by the end of February. A deposit of £20 will secure your place, with the balance being due on arrival. Please register your interest now by contacting Margaret Jarrett on 020 8301 5601 or Margaret@SoulPurpose.org.uk

An Autumn Residential Turning Point at Leiston Abbey - Tim Ridge

This year the remarkable transformative opportunity of Turning Point is being combined with the residential experience, which those who have taken Point of Mastery will recognise as extremely powerful in the enhancement of the process. For our venue we have chosen historic Leiston Abbey, set in beautiful East Suffolk only 10 minutes from the sea. Nearby attractions include Aldeburgh, Thorpe Ness, Dunwich, Minsmere RSPB Bird Reserve and Snape Maltings – and the course has been structured to provide spare time in which to explore this attractive area. The 14th Century Abbey ruins and the open countryside provide the peaceful backdrop for the complex of buildings, restored and rebuilt by Pro Corda, and now used for courses, retreats, concerts and functions.

Turning Point 220 will run from September 6th to 10th, and will be administrated by Peter Lorenzo, who would love to hear from potential Service Team members (phone Peter on 01728 861192).

Please publicise this Turning Point to anyone you know who might choose the benefits of a very special residential weekday course – further details may be obtained from the office.

Bits 'n' Pieces

Mysteries of Life & Death

Mysteries of Life & Death provides the opportunity for us to discover within ourselves the true nature of death and thereby to discover and experience the true nature of life. It offers an opportunity to discover or rediscover our own life purpose. This exciting course starts on Friday 8th October and is open to everybody.

MSN Groups

Prior to the creation of our own website, we established a number of online bulletin boards to enable Turning Pointers to communicate online. In the future, we plan to incorporate these facilities into our own website, but for now, they continue to operate as before. If you haven't already done so, pay a visit to <http://groups.msn.com/SoulPurpose> to catch up with old friends. Each course now has its own private bulletin board to enable course participants and service team members to keep in touch.

Sign Up for Online News

We are now issuing electronic versions of this newsletter and other more frequent news updates. If you have received a paper copy of this edition and have access to the internet, why not sign up for the online version now? The online version is a small Adobe Acrobat file, which you can view or print. We also send out a monthly update to our online subscribers only. In the future, we hope to introduce colour pages in the online newsletter. We will, of course, continue to provide the paper format of the newsletter for anybody who prefers this, but if you can cope with the technology, please help us to keep our costs down. Visit the website at www.SoulPurpose.org.uk and register for the newsletter on the home page.

Sign Up for Service Team

We are now recruiting Service Teams for this year's courses. Full details of the programme are shown on the attached sheet, so if you would like to join us, please contact the office now. We still have vacancies for most courses, so don't hide behind the sofa and wait to be asked. Help us to make the Administrators role easier. See below for details of how to contact us.

Early Booking Discount

We now offer discounts for early payment on all courses. You can save as much as £50 simply by booking and paying for your course at least one month before the start date. Remember to take advantage of this concession when booking your next course.

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Soul Purpose Ltd, 36 Heathfield, Martlesham Heath, Ipswich, IP5 3UB
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**For further information about our forthcoming activities
e-mail us at info@SoulPurpose.org.uk
or telephone 08702 405591**

**To e-mail individual Directors use the format
firstname@SoulPurpose.org.uk
(e.g. *Sally@SoulPurpose.org.uk*)**

**If you would like to contribute articles for forthcoming newsletters
please forward them to the above address
or e-mail us at newsletter@SoulPurpose.org.uk**

Dates For Your Diary

Evening Seminar

"I'll See It When I Believe It"
Tuesday 27th January - 7.30pm
The Amadeus Centre, 50 Shirland Road, London, W9 2JA

Turning Point 218

20th to 22nd, 27th to 29th February and 13th March
Warwick Day Centre, Chase Farm Hospital
The Ridgeway, Enfield, EN2 8JL
Cost £395

Nature of Service

23rd to 25th April
Warwick Day Centre, Chase Farm Hospital
The Ridgeway, Enfield, EN2 8JL
Cost £150

Evening Seminar

"To Be Or Not To Be, That Is The Question"
Thursday 29th April - 7.30pm
Chiswick Pier Trust, The Pier House, Corney Reach Way, London, W4 2UG

Turning Point 219

14th to 16th, 21st to 23rd May and 5th June
Warwick Day Centre, Chase Farm Hospital
The Ridgeway, Enfield, EN2 8JL
Cost £395

Point of Choice

18th to 20th and 25th to 27th June
Warwick Day Centre, Chase Farm Hospital
The Ridgeway, Enfield, EN2 8JL
Cost £425

Family Picnic

3rd July
Trent Park, Cockfosters

Retreat Weekend

30th July to 1st August
The Friars, Aylesford, ME20 7BX
Cost £85

Turning Point 220

6th to 10th September
Residential Course
Leiston Abbey, Suffolk, IP16 4TB
Cost £650

Mysteries of Life & Death

8th to 10th and 12th October
Warwick Day Centre, Chase Farm Hospital
The Ridgeway, Enfield, EN2 8JL
Cost £275

Turning Point 221

19th to 21st and 26th to 28th November and 11th December
Warwick Day Centre, Chase Farm Hospital
The Ridgeway, Enfield, EN2 8JL
Cost £395

Turning Point Introductory Talks

First Wednesday of each month - 7.30pm
Enfield Civic Centre, Silver Street, Enfield, EN1 3ES

Discounts available for early payment on all courses