

## Graham Browne

Graham has more than 20 years experience of teaching in this field of human consciousness, personal development, spiritual understanding and corporate training. He came to the U.K. in 1985 as Managing Director of the Self Transformation Centre Ltd with its head office in Sydney. Graham is currently undertaking a Masters in Transpersonal Psychotherapy and has a Diploma in Education and a Bachelor of Architecture. Throughout his life, Graham's principal interest has always been the underlying essence of who we really are, why we are here and our ability to give purpose and direction to our passions and our dreams, as individuals as well as humanity as a whole. This is what Graham means when he talks about "our spirituality"- our ability to live more authentically in all the dimensions of what it is to be human. He loves doing what he's doing and discovering what makes us all "tick", people of all ages. He tends to look at everything in life in which he's interested from this point of view, whether that be rugby, theatre, film-making, meeting people, travelling or simply relaxing with friends. He is most at home enjoying the sun, the sand and the sea with his family. Graham has 2 daughters, Sasha and Mani, and a young son, Oscar, with another one "on the way". The girls live in Sydney and each of them has a child of their own.

## Mark Reeves

Mark's affinity with the teaching goes back over 15 years during which time he has developed and refined his teaching abilities. As well as teaching the courses Mark works with people one-to-one and loves seeing the magic of people's self-discovery and growth. He sees his life journey as one of gradually learning to open his heart and he feels a passion for providing a space for others to do the same. "Letting people in has always been the real challenge in my life, and this is what has led me into the teaching". What Mark values in life is a sense of community; people coming together and finding connection. He feels a strong connection to nature and what he loves more than anything is sleeping under the stars and enjoying the company of others around a campfire. Mark enjoys swimming, wholefood cooking and has a passion for music of all kinds. He currently lives on top of a hill in Brighton and loves being close to the sea and the surrounding countryside. Mark's insight, wisdom, clarity and humour create an atmosphere where people feel the safety to open up and take profound steps in their life. He is a natural communicator and has a powerful way of reaching people, with warmth, integrity and care.

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# POINT OF MASTERY



## Fawley Court

## Henley-on-Thames

### Tuesday 11<sup>th</sup> October

### Thursday 20<sup>th</sup> to Sunday 23<sup>rd</sup> October

### Tuesdays 1<sup>st</sup>, 8<sup>th</sup> and 15<sup>th</sup> November

## **POINT OF MASTERY** – by *Graham Browne*

The beauty of Point of Mastery is an overwhelming sense of relief in putting all the pieces of the jigsaw together. This is why we emphasise the 3 courses – Turning Point, Point of Choice and Point of Mastery as “the Trilogy”. It is not as if everything in your life is sorted after Point of Mastery – that is missing the point of all the teaching. My life is not ‘sorted’ and the more I know, the less I know.

Point of Mastery is a group of students of life coming together to deepen and specialise their interest in and mastery of their journey in life.

What does Point of Mastery offer?

- It offers a series of spiritual practices and skills to create our lives the way we have envisioned them at a soul level and at an everyday practical level, of course. By skilfully cutting our attachments at the most abstract level of our life experience, we “move mountains”. This is the nature of miracles!
- On Point of Mastery, the learning is to recognise by experience and understanding how the process of creation operates in consciousness. It is down to us to create the life we want and want the life we create.
- We go to the root of the broad issue with which we’ve struggled and cut our attachment at the most abstract, archetypal level. Thereby, not only are we setting ourselves free in whole areas of our lives e.g. relationships, health, sexuality, abundance, etc – we are engaging with the very forces that we have used unconsciously to create everything in our lives, and discovering the essence of being able to use those forces to recreate our lives as we envision them.

## **Course Structure**

The course starts with an evening workshop on Tuesday 11<sup>th</sup> October from 7.30 to 10.30. The residential element takes place from the evening of Thursday 20<sup>th</sup> to Sunday 23<sup>rd</sup> October, with three follow-up sessions on Tuesday evenings 1<sup>st</sup>, 8<sup>th</sup> and 15<sup>th</sup> November from 7.30 to 10.30. Course participants are required to attend all sessions.

## **Venue**

All sessions will take place in the sumptuous surroundings of Fawley Court, on the banks of the Thames at Henley-on-Thames, RG9 3AE.

## **Accommodation**

The accommodation comprises shared rooms, some with *en suite* facilities. A single room supplement of £20 is payable, subject to availability. Rooms are also available on the Sunday night if required at extra cost.

## **Catering**

The residential element of the course includes full board accommodation with three meals each day. Please include any dietary requirements on your booking form.

## **Cost**

The cost of the course is £650, reduced to £600 if your deposit is received by the end of April and the balance by Monday 12<sup>th</sup> September. Payment by instalments is welcome.

## **How to Book**

To assist us with the planning of this course, please register your interest now, by contacting the office. To reserve your place, please send your booking form with a deposit of £75.