

Soul Purpose Newsletter

January 2009

Course calendar

The Nature of Service 38, Brighton
13, 14, 15 Feb

Turning Point 231, Brighton
26 Feb, 6, 7, 8, 12, 20, 21 March

Turning Point 232, Oxford
16, 24, 25, 26, 30 April, 8, 9 May

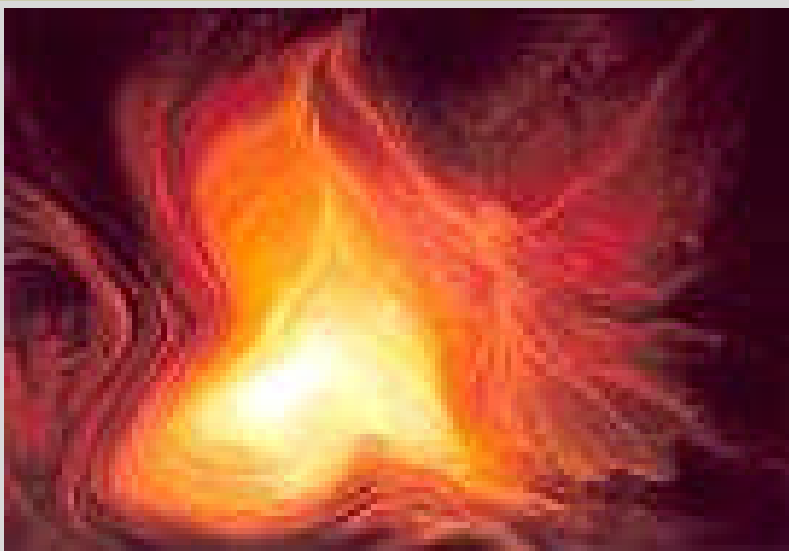
Refresher Sessions Brighton
22, 29, April. 6, 13, 20 May

Turning Point 233, Brighton
4, 12, 13, 14, 18, 26, 27 June

Turning Point 234, Essex
2, 10, 11, 12, 23, 31 July, 1 August

Turning Point 235, Brighton
17, 25, 26, 27, Sept, 1, 9, 10 Oct

Turning Point 236, Oxford
12, 20, 21, 22, 26, Nov, 4, 5 Dec



The Nature Of Service

The experience of 'service' lies at the heart of our organisation and Service Teams are at the heart of all of our courses. They are often described as "the angels in the room" as they work behind the scenes to provide the magic and to create the conditions of safety and trust that are crucial to the functioning of a course. The experience of being part of a service team is usually both challenging and rewarding. People often say that they got more out of doing it than actually being a participant. Would you like to join us this year and be part of a service team?

The Nature of Service Course is often described as "a mini Turning Point", and is an opportunity to explore basic counselling skills, working with energy release and how to sensitively support others in this process. The main emphasis of The Nature of Service is on finding attunement to spirit by coming together as a team, putting our own egoic concerns to one side and aligning to a common goal. This is referred to as 'love in action', as it is through this process of 'letting go' and 'surrender' that we experience the opening of our heart. It is about seeing how we can make a profound difference in others' lives and have a lot of fun in the process.

The Nature Of Service is happening in February and costs £125

** Although this course is essentially the training for being on Service Teams, you may want to take The Nature Of Service even if you are not necessarily wanting to be on a Service Team as the course content is applicable to many areas of life.*

Turning Point Essex and Oxford

In Sept 08 we had our first Turning Point in Oxford, which has established Oxford as a base for running many more courses in the future. This is something that has been in the pipeline for some time as there has been a growing contingent of people who have taken our courses living there. As well as Sussex, in 2009 we will be running a Turning Point in Essex and two Turning Points in Oxford.



Turning Point Refresher Sessions

Starting in April, these sessions are for anyone who has taken Turning Point and would like to re-awaken the experience whilst re-connecting with others within an environment of trust and support.. The purpose of the sessions is to help to integrate the Turning Point experience into daily life. There are a series of 5 weekly sessions. Each session will have a specific theme but every session will include a meditation and time for some sharing.

Session 1: Intentionality; *focusing on your commitment to manifest what you want in your life.*

Session 2: Meditation; *revisiting and reviewing your experience of meditation.*

Session 3: Iceberg; *exploring the nature of our shadow and our mask.*

Session 4: Bodywork; *an opportunity for some expression and release.*

Session 5: States Of Consciousness; *exploring the potentials available to us in our growth and development..*

Starting on April 22 and running for 5 consecutive Wednesday mornings from 10.00am—1.00pm. The venue will be in Brighton. Cost is £100 for the 5 sessions.

Thank you for your support

A big thank you to everyone who has been on our service teams or who've been involved in other ways over this past 12 months. This is a significant time for us. Graham Browne has returned to live in his native Sydney and continues to be involved from a distance. We are committed to continuing to run courses and to hold the vision of the teaching. We are excited to be going forward into 2009 and to keep expanding and developing what we do. I feel honoured to be holding the responsibility for taking this forward. It is at times both scary and exciting but most of all a joy. With love, Mark Reeves (on behalf of Soul Purpose).



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