

aliveness stillness openness retreat respect judgement truth belief enthusiasm calm courage doubt tenderness power

possibilities  
freedom  
fear  
courage  
commitment  
responsibility  
reaction  
action

# Turning Point

## Journey Into a Lifetime

Turning Point is a unique combination of lectures, meditations and practical self-discovery designed to increase self-awareness and enable you to find more meaning and fulfilment in your life

We have all constructed a fortress in order to survive. The price we pay for this is to lose touch with who we really are. Turning Point is the journey back to yourself...

For further information, visit our website at [www.SoulPurpose.org.uk](http://www.SoulPurpose.org.uk) contact us on 08702 405591 or e-mail [info@SoulPurpose.org.uk](mailto:info@SoulPurpose.org.uk)

conflict connection  
questions clarity  
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integrity vulnerability

joy pain faith insecurity laughter sadness dreams potential love fear creativity fulfilment confusion direction

