

aliveness stillness openness retreat respect judgement truth belief enthusiasm calm courage doubt tenderness power

possibilities
freedom
fear
courage
commitment
responsibility
reaction
action

conflict
connection
questions
clarity
freedom
restraint
integrity
vulnerability

Turning Point

Journey Into A Lifetime

We have all constructed a fortress in order to survive.
The price we pay for this is to lose touch
with who we really are.
Turning Point is the journey back to yourself...

Turning Point is a unique combination of lectures,
meditations and practical self-discovery
designed to increase self-awareness and enable you
to find more meaning and fulfilment in your life

For further information,
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joy pain faith insecurity laughter sadness dreams potential love fear creativity fulfilment confusion direction