

aliveness - stillness openness - retreat respect - judgement truth - belief enthusiasm - calm courage - doubt tenderness - power

freedom - possibilities

We have all constructed a fortress
in order to survive.
The price we pay for this is to
lose touch with who we really are.
Turning Point is the journey
back to yourself...

courage - fear

emotions and physical health interlinked

know thyself

a place to be seen, heard and understood

responsibility - commitment

a point of stillness

action - reaction

"The real voyage of discovery consists
not in seeking new landscapes
but in having new eyes"

Marcel Proust

Our commitment at Soul Purpose
is to generate and present
diverse opportunities
for the experience of transformation
in the day-to-day awareness
of people and communities,
who feel ready to ask questions
of their fundamental purpose
and direction in life.

To book a place on the next
Turning Point or for further
information, visit our website at

www.SoulPurpose.org.uk

or contact us on 08702 405591

e-mail info@SoulPurpose.org.uk



conflict - connection

questions - clarity

freedom - restraint

integrity - vulnerability

Turning Point



Journey Into A Lifetime

joy - pain faith - insecurity laughter - sadness dreams - potential love - fear creativity - fulfilment confusion - direction

aliveness - stillness

openness - retreat

respect - judgement

truth - belief

enthusiasm - calm

courage - doubt

tenderness - power

freedom - possibilities

Turning Point is a unique combination of lectures, meditations and practical self-discovery, designed to increase self-awareness and enable you to find more meaning and fulfilment in your life.

safety to open up and be yourself

conflict - connection

courage - fear

relationships based on love and acceptance

childhood shaping the adult

questions - clarity

responsibility - commitment

aliveness from within

awakening creativity

freedom - restraint

action - reaction

a new relationship with yourself

living your truth

integrity - vulnerability

joy - pain

faith - insecurity

laughter - sadness

dreams - potential

love - fear

creativity - fulfilment

confusion - direction

